

## Delighted Clients

“ Slayman helped me reflect on and clarify my leadership style, enhance my emotional intelligence capabilities and show up as my best self.

John, CEO

“ Slayman was a master of questioning and probing to really understand where I was and where I needed to be.

Exec Director, NSW Health

“ Sleiman is able to work very effectively with senior leaders, surfacing and identifying areas for growth, in addition to coaching and guiding areas for development.

Partner, KPMG

***Enabling you to feel more empowered and more authentically connected.***

*Slayman*

Slayman Abou-Hamdan  
Master ClinPsy, MAPS,  
Certified executive coach



***"If you are not aware of your unconscious parts and beliefs, they will control you without you knowing"*** *Slayman*

✉ [info@slayman.com.au](mailto:info@slayman.com.au)  
📍 South Yarra, Melbourne, VIC  
[www.slayman.com.au](http://www.slayman.com.au)



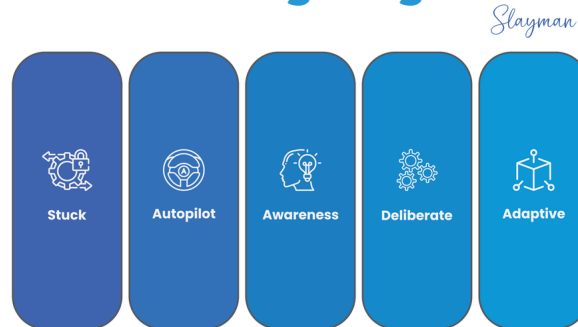
About Slayman.

# Take your self-awareness and self-leadership to the highest levels

Unlock the power within you to become a master of your own life with Slayman's unique coaching methods. With his extensive expertise in psychology and its effect on behaviour, motivation, and connections - he'll help equip you with knowledge and habits that can give you what you need to feel happier, empowered and connected.

Get ready to discover the models of psychology that will enable positive change in a secure environment! This is truly a chance for reaching maximum potential through mastering inner motivation

## The Coaching Program



Consciousness

On our journey of self-improvement, we traverse the dynamic stages from Stuck to Adaptive. This is an reflective and deliberate process which brings together experience, environment and decisions as you unlock our fullest potential!

## Invest in Yourself

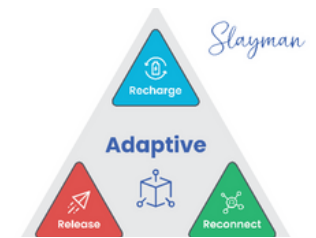
### The 9 month progressive program

This package includes what you need to transform 2-3 important areas in your life. \$7,995 + gst

### The intensive coaching program

This intensive 5 month package includes what you need to transform 1-2 important areas in your life. \$4,995 + gst

## The R3 Coaching model



The R3 coaching model (c) involves transformational tools and methods that are supported by science, and multiplied by psychology.

Integrating the R3 into your daily habits will enable you to create:

- Self mastery
• Optimal productivity, and
• Meaningful and genuine relations

The R3 involves 3 powerful processes:

- Recharge your energy for your best possible state
• Release your fears and barriers for integrated autonomy
• Reconnect meaningfully with your work and with others

By applying these proven processes, you will take massive action and create the quality of life you've always wanted.

## The coaching program details

- ✓ Prework that clarifies your current needs and values
✓ Powerful tools to create laser-like focus on your goals
✓ Quality personality and strengths assessments
✓ Quality limiting beliefs and performance blockers assessments
✓ Deep understanding of your internal drivers of happiness and high performance
✓ Gain clear clarity on what's holding you back in life
✓ Gain clear clarity on proven tools to learn, grow and feel empowered
✓ Fortnightly then monthly powerful and supportive sessions
✓ Coaching sessions designed to sustainably move you forward
✓ Weekly targeted exercises so you can stay on top of all the progress

Questions or queries? Email us info@slayman.com.au

Slayman's purpose is enabling people to know their true identity, stay at their growth edge, feel happier, and bring out the best in themselves and in others.

After living through a civil war, Slayman reflected deeply, coached 1000s of people for optimal strength and fitness, worked in the Australian military and Federal Government, then completed his post-graduate studies in Psychology and leadership.

Slayman now uses a range of skills and expertise gained from his Masters in Clinical Psychology, and post graduate qualifications in leadership and Behavioural Sciences to enable client transformations. Slayman leverages the high performance tools and strategies he learned as an Officer in the Australian Infantry and a performance psychologist of elite and professional athletes to bring out the best in his clients.

This training, combined with his experience in executive leadership roles and management consulting roles, enable Slayman to see every person's strengths, analyse blockers, and share strategies to enable people to clarify and attain their ultimate life goals.

Clients seek Slayman to:

- Feel and see a deeper level of self-awareness
• Break through mental and emotional blockers, and
• Transform their lives and the lives of those around them positively, adaptively and sustainably.

Other program Slayman delivers:

- Senior Leadership Team High Trust High Performance programs
• Employee Self-Leadership programs
• Leadership essentials program for building EI, employee engagement, and leading change.